

## Coronavirus • Pare mntru aelewé • 1

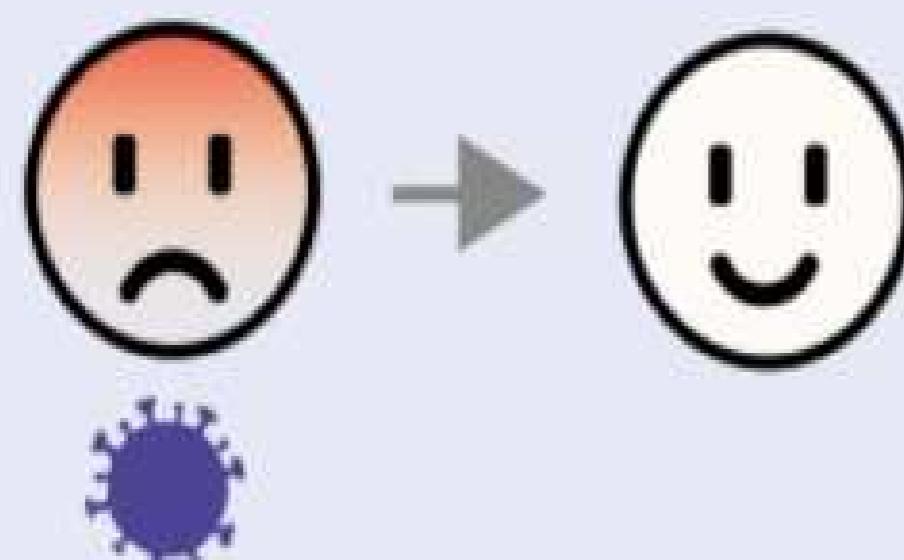
### Icoronavirus io trini ?



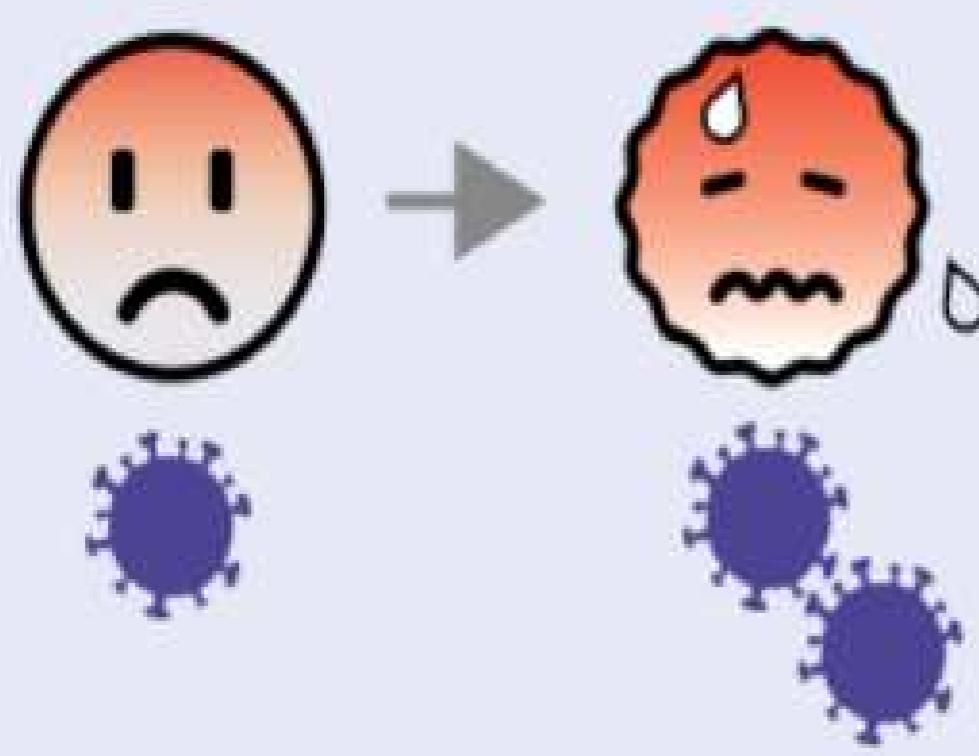
Icoronavirus io virusi. Io utria uwade mvia uhiriwawo Covid-19.



Uade uo itria haswa : kohola, homa, taâbu ya huveya pumu.



Uwakati mwengi kabisa uwade uo kaukana na hatwari, mntru uvona ha uwangu kabisa.

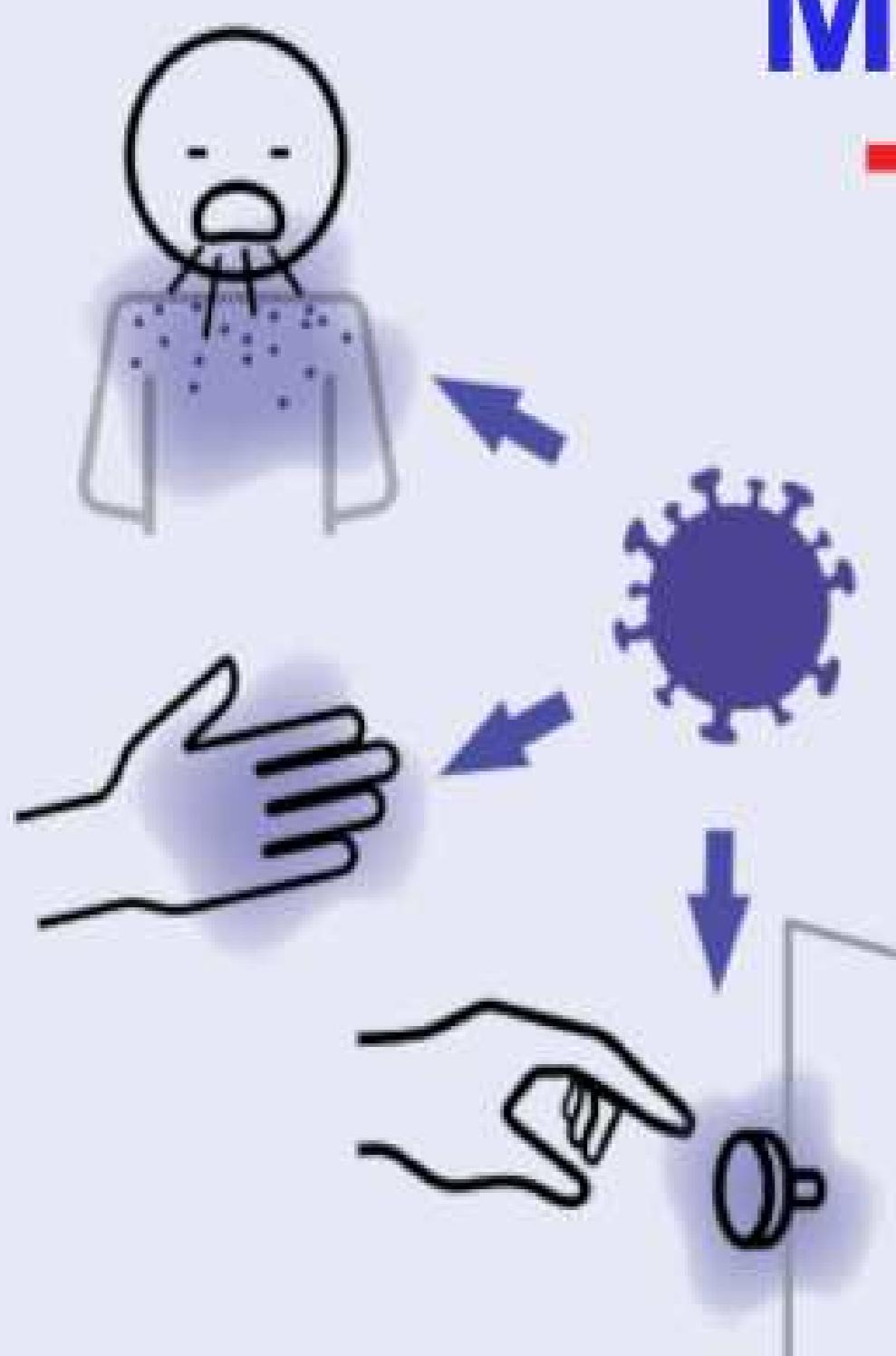


Be vwa wakati amba uo uka hatwari. Hususwan wadugazi wavira maha 70 (sabwini) na uwantru wa unono mbonya walio na uwade wangina. Mfano uwade wa sukari, au wa pumu, au wa trenga, au kanseri, au sida, alhaswili.

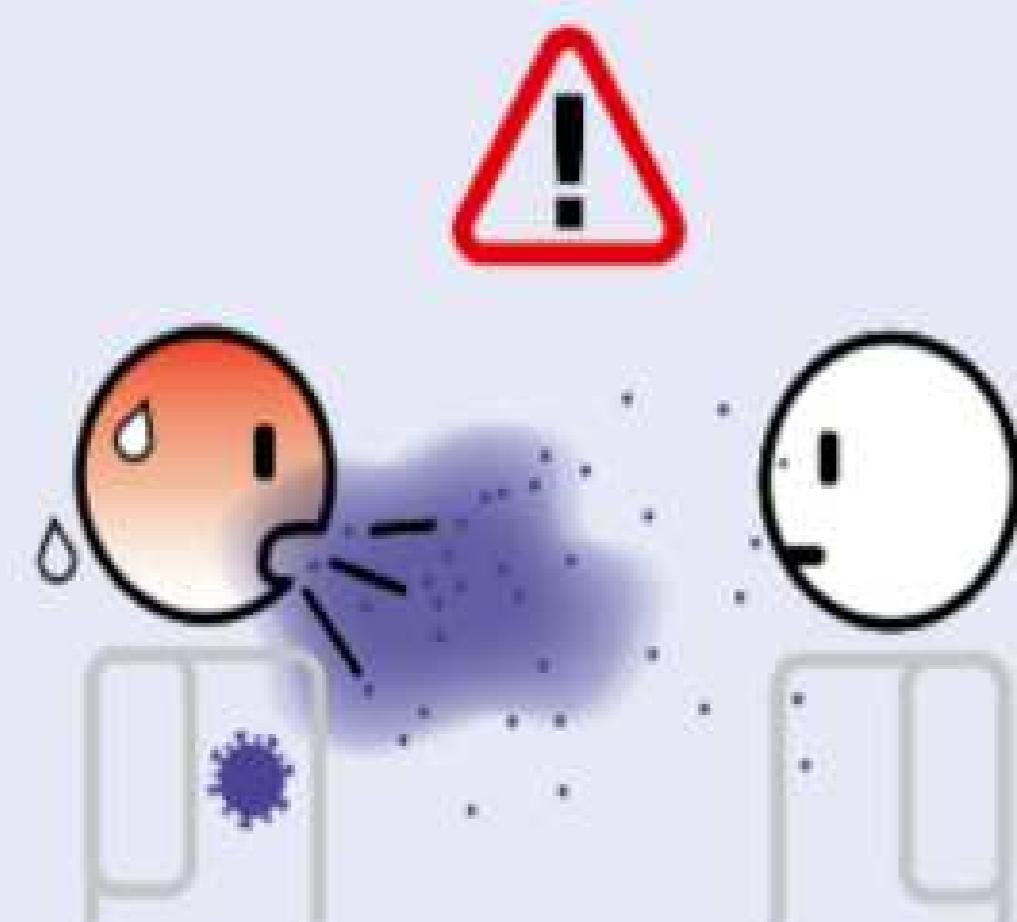


Raha kawwasi dalao wala vakise za huzihira iCovid-19

## Mntru usikwa jeje na icoronavirus ?



Ivirusi ini io uka harimwa tsambia za mare, harimwa yamare, mihononi, na harimwa izintru zabambwa na mntru alio na icoronavirus.

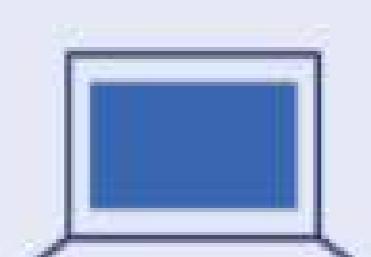


Nyangu halisi mntru husikwa nayo nahika mntru akaribu na mntru asikwa na uwade ikao amba asilagua au asikohola, au nahika mntru abamba zintru zilio na tsambia za mare.



**Fahamu :** mntru ujou ukana na icoronavirus wala asike na ziâlama za uwade. Be ta helio mntru ujua hutupidza uwade. De imaan ya lazimu mntru ake mbali na wanyawe, laukana mntru asidjona amba afetre.

## Una masuala ya patana na icoronavirus ?



[gouvernement.fr/info-coronavirus](https://gouvernement.fr/info-coronavirus)



0 800 130 000

(mparo wa telefoni wa bure)

Au angalia mutaâlamu wau nono au shama

COVID-19

## TAHADHARI CORONAVIRUS PARE UDJIHAFA DHWI UHAFA DHWI NA WANYAWE



Osa nadi nadi  
imihono



Kohola au samuwa  
harimwa itsundzuni  
au harimwa mshuara



Rumiya mshuara kira  
moja ivo uulatse pubeli



Rongodza wantru bila  
huwava imihono, zia  
ihuvarahana

Una masuala ya patana na icoronavirus ?



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## TAHADHARI CORONAVIRUS PARE UDJIHAFA DHWI UHAFA DHWI NA WANYAWE, BAKI DAGONI

Hutanga ibalidziwa ila nahika mntru  
ana stishihadi imuruhusuu :



Aendre afanye hazi, nahika ihazi  
ya dagoni ya muhalu, kaisikiri.



Huondro nunua zintru  
muhimu za handra.



Hondro kadza uwana wahe  
au husaidia wantru  
walemevu, dwaîfu.



Endra ha mutaâlamu wa unono  
nahika kusina âlama  
ya uwade.

Istishihadi iyo utelesharjewa harimwa ishikandre sha isirkali.  
Mntru ujua huitowa harimwa iordinateri au huyangiha ha umuhono.

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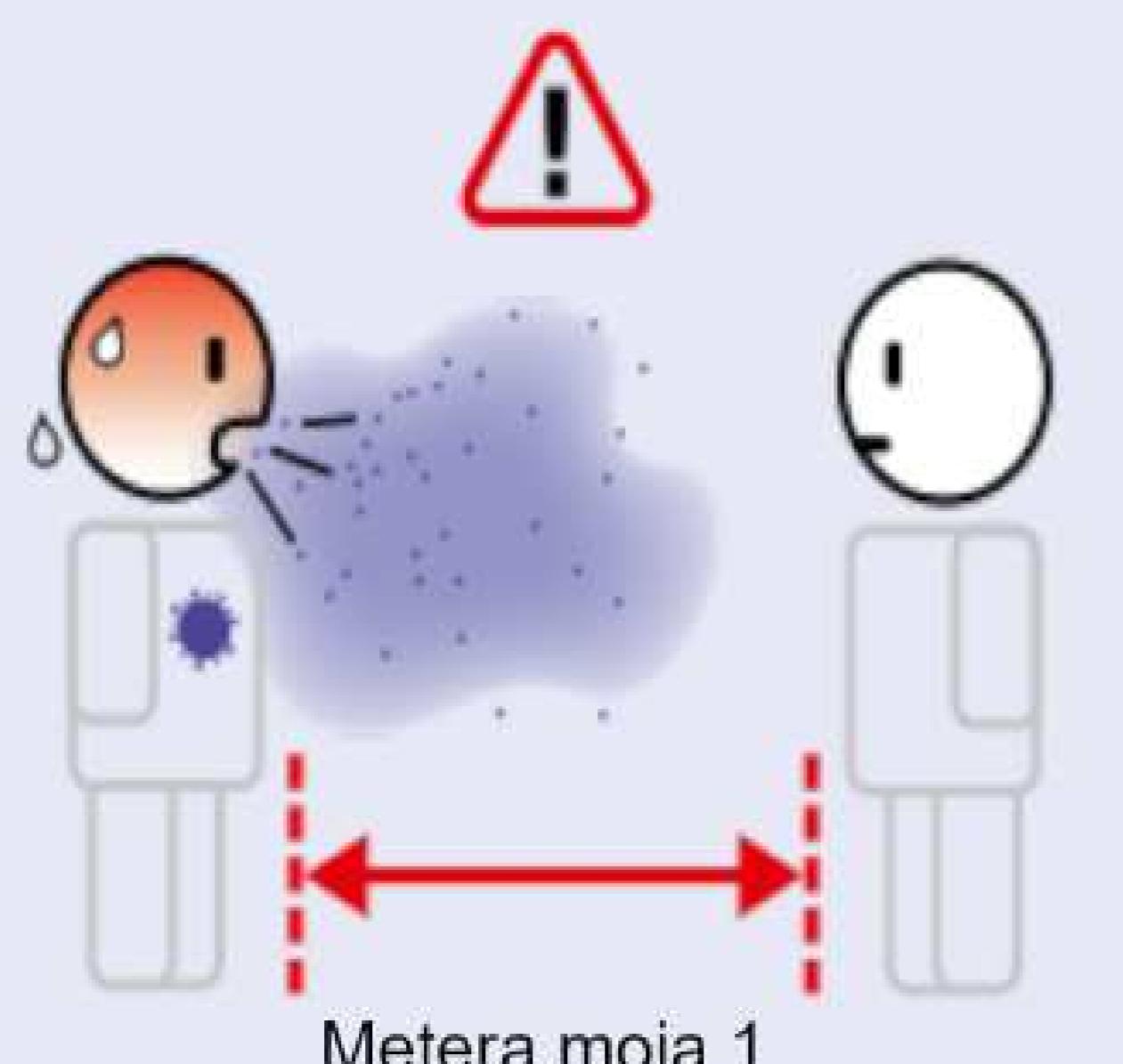
(mparo wa telefoni wa bure)

## Coronavirus • Pare udjhafadhwi • 2

### Utsodjhafadhwi jeje uhafadhwi na wanyawe ?



Pare ivirusi ini izie hueneya, vwa ntsi nyengi, mauri Farantsa zarenga âzma hodari kabisa : zilikoli zibala ; hulawa ibalidziwa illa nahika mntru asondro nunua zintru, au asendro djizihira, hudjumulishiana ibalidziwa, alhaswili.

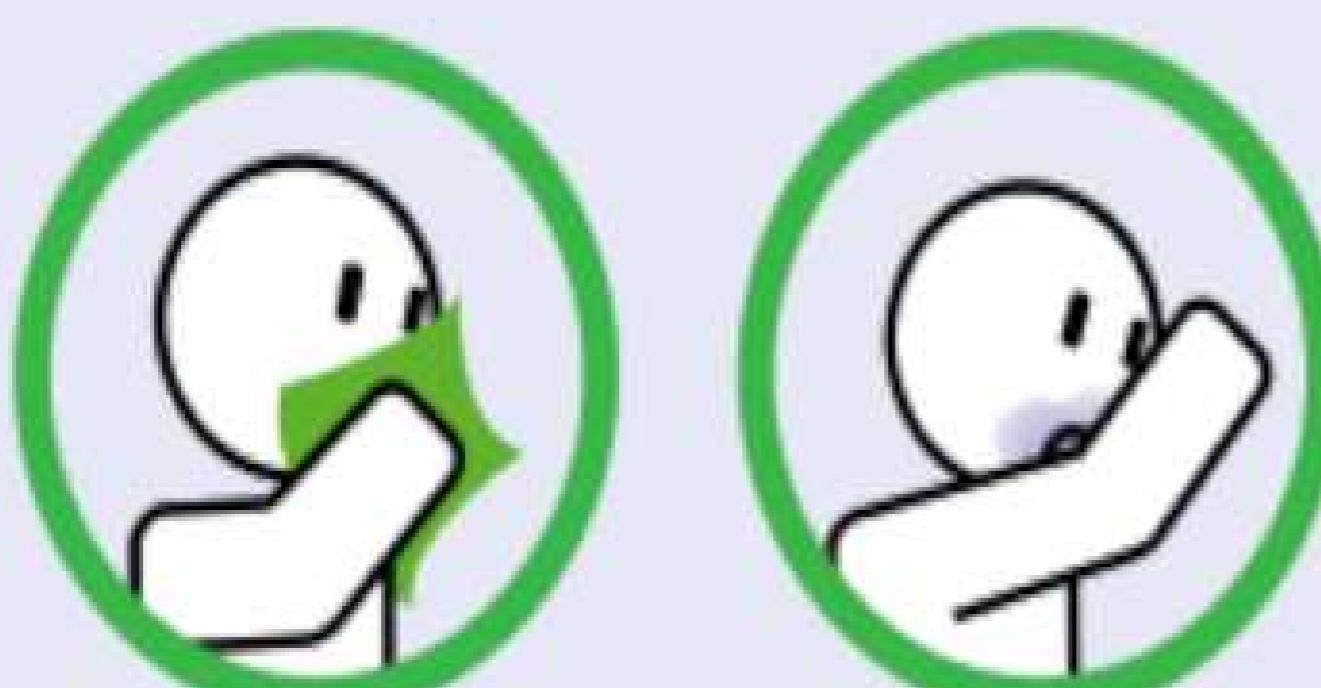


#### Maendreleo ya hubandzua wantru

Baki dagoni au djitengue. Daima zaidi ya metera na uwantru wasalia.



Musivana imihono wala musibusana.



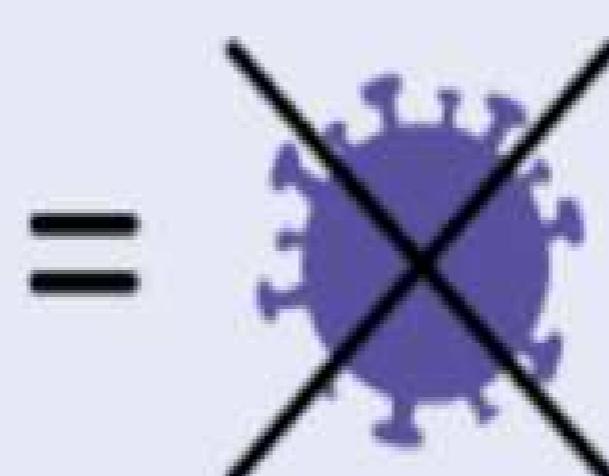
Kohola au samua harimwa mshuara wa kartasi au harimwa itsundzuni yaho.



Osa imihono dahari, dahari ha sabuni  
au ha jeli itwahirishao.  
Vwa miji ielesheao vahanu vulio na  
maji.

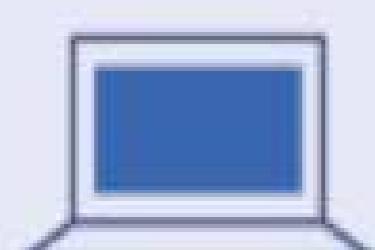


Usibambe ihanyo, wala ipua, wala  
yamatso.



Nahika rifanya  
zidjitihadi zizo  
pia, ritsoshindra  
rizie ivirusi ini.

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# TAHADHARI CORONAVIRUS MNTRU UFANYA TRINI NAHIKA UWADE UZIDI ?

Ahlabu, uwade uvona vwa hivira wana suku na ziâlama uwendra dzazo baâda uvumuzi.



Hukohola



Homa

## BE VWA HIVIRA WANA SUKU

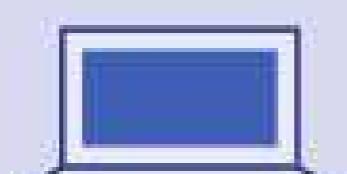


Nahika usitaâbiha  
huhedza pumu na  
nahika usiveya  
pumu



Ira inemero 15  
au 114 (ya  
mfumakio au  
mkia nai)

Una masuala ya patana na icoronavirus ?



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## TAHADHARI CORONAVIRUS MNTRU UFANYA TRINI AHIONA ZIALAMA ZA HANDRA ?

Ziâlama za handra za uwadre de :



Hukohola



Homa

Ahlabu, uwade uvona baâda uvumuzi.  
Nahika ukia ziâlama za handra zizo :

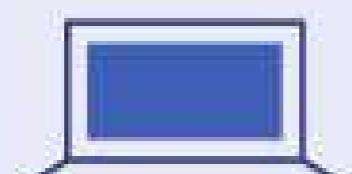


Kentsi dagoni,  
vungudza  
huonana na  
wantru wangina



Usendre kamwe ha utwabibu  
waho, murongodze rabuzi ha  
iteleponi au ira inemero ya uvahanu  
vwa ya mazihiro ya libavu laho.

Una masuala ya patana na icoronavirus ?



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